

# Our commitment to you.....

Our “Food For Life Served Here” menu means we serve  
*Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners  
and additives*

Our food is freshly prepared on site by professional staff  
who care about quality and ingredients

We support local wherever possible...our meat comes from  
*Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of  
Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake  
oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

# Fresh Catering



Spring / Summer 2022

At: **Holmes Chapel Primary**

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

M	Tu	W	T	Fri	Sa	Su
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13	14	15	16	17	18	19
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27	28	29	30			

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26	27	28	29	30		

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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						





# Spring/ Summer Menu 2022

## Week 1

## Week 2

**MONDAY**

Vegetable Ravioli in a Homemade Tomato Sauce

Jacket Potato with a Choice of Filling/s (v)

Organic Yogurt

**TUESDAY**

Katsu Chicken Curry with Savoury Rice

Pasta Italiane (v)

Sultana Cookie

**WEDNESDAY**

Beef Spaghetti Bolognese with Garlic Bread

Cheese Ploughman's (v)

Frozen Yogurt Ice Cream

**THURSDAY**

Chicken Korma with Rice

Vegetarian Sausage Roll with Potato Wedges (v)

Chocolate Crunch with Fruit Chunk

**FRIDAY**

Butchers/ Quorn Sausage with Hash Brown & Beans

Battered Fish with Hash Brown & Baked Beans

Smoothie

**MONDAY**

Organic Beef Burger in a Bun with Sauté Potatoes

Falafel Burger in a Bun with Sauté Potatoes (v)

Organic Yogurt

**TUESDAY**

Sweet & Sour Chicken with Rice

Pasta Italiane (v)

Melting Moment with Fruit Chunk

**WEDNESDAY**

Roast Gammon with Roast Potatoes & Gravy

Quorn Fillet with Gravy & Roast Potatoes (v)

Summer Fruit Flapjack

**THURSDAY**

Fruity Pork Curry with Rice

Jacket Potato with a Choice of Filling/s (v)

Lemon Bite Biscuit

**FRIDAY**

BBQ Chicken in a Soft Tortilla Boat with ½ Portion Chips

Fish/ Salmon Fish Fingers with Chips & Baked Beans

Frozen Yogurt Ice Cream

